



July 2013

# Newsletter

## Indian Association of Cardiovascular- Thoracic Surgeons

Volume - 45

### Executive Committee

Dr. Bhabatosh Biswas,  
President

Dr. Kunal Sarkar,  
Senior Vice President

Dr. Rajan Sethuratnam,  
Secretary

Dr. Suresh Rao,  
Junior Vice President

Dr. K. N. Bhosle,  
Joint Secretary & Treasurer

Dr. K. S. Iyer,  
Editor

Dr. Ashok Hishikar,  
Senior Past President

Dr. C. P. Srivatsava,  
Junior Past President

### Executive Members

Dr. R. V. Kumar  
Dr. Jacob Jamesraj  
Dr. Trushar Gajjar

Dr. V. V. Bashi  
Dr. Abha Chandra  
Dr. C. S. Hiremath

## Election

New members joining the Executive Committee have been elected during our Annual Conference IACTSCON 13, held in Mumbai in February 14th – 17th, 2013.

- Dr. Bhabatosh Biswas has taken over the Presidentship.
- Dr. Rajan S. was elected as Secretary.
- Dr. Suresh Rao was elected as Jr. Vice President.
- Dr. Trushar Gajjar & Dr. C.S. Hiremath were unanimously elected as Executive Members of the committee.

Our respected past Executive Committee members who have successfully completed their tenure are

- Dr. James Thomas - Senior Past President.
- Dr. Dharma Rakshak - Secretary.
- Dr. Abid Geelani & Dr. R. K. Dewan - Executive Members.

We extend our sincere thanks for their outstanding contributions during their tenure.



## 59th conference of IACTS was held in Renaissance Convention Centre, Mumbai (February 14th – 17th 2013)

### Day 1

The inaugural ceremony was held in the evening, Dr. Sudhir K. Jain, Director, IIT - was the Chief Guest.

### Day 2

Free paper and short paper presentation on Thoracic, vascular, congenital and heart valve surgeries.

### Thoracic symposium

Symposium on bronchoscopy and thoracic surgery was conducted by Dr. Rajan Santhosham.

### Day 3

There were interesting discussions & talks about the “Trends and Scenarios of cardiac surgery” and a presentation on Congenital and Coronary artery bypass surgeries.

### Cardiac symposium

The symposium updated on the “Evolving techniques in Valvular Surgery” which was coordinated by Dr. Vijay Kumar Gupta.

### Day 4

The last day was concluded with interesting topics on cardiac surgery and workshop by Baxter, Ethicon.

Interesting cultural events were conducted every evening.

The Executive Committee on behalf of the association congratulates **Dr. Ashok Hishikar** for his super human efforts in conducting the event as organising secretary.

## FROM THE DESK OF SECRETARY



**Dr. Rajan Sethuratnam**

Dear All,

I am honoured and privileged for being elected as the Secretary of Cardio Thoracic Association. I am both inspired and worried; inspired because I want to make a difference to the best of my abilities, and in a way I am worried if I can carry out all that I want in the limited time available.

Yes, together, we can achieve.

I assure that all of us would have gone through the moment of satisfaction that we have lived up to the expectations of our own eyes... this is what I expect during my tenure.

Dear all, as usual of an enthusiastic new Secretary – I am bringing about the following changes.

**Website:** A vibrant and interactive new website is being launched. This site will have many new features that encourage everyone to know the happenings in the arena and contribute too. I am aiming the website to be a powerful teaching forum where all “Like Minds Converge” to teach & learn. Websites are the most powerful medium across the world but sadly we doctors under utilize the same. I endeavour to make fullest use of the medium by sharing knowledge and evolve better practices in our field.

**Members' Page:** All members have their own individual page, where they will have to update their information once the website is functional.

**Non Members:** Lets strengthen ourselves in numbers too. I personally invite all non-members into this forum. I know there is enormous knowledge / potential that needs to be shared among the members and hence I request every member to please persuade your friends / associates to become an active member of the association.

I welcome more suggestions and recommendations, as there is always scope for improvement.

I am also exploring the possibility of connecting all of us through emails and SMS alerts, where all happenings are updated instantly.

**Newsletter:** We are bringing out this newsletter on a regular basis. Lets make it effective and useful to bring all of us together. Please give your opinion, news and achievements that can be carried out in the next issue.

I strongly believe that it is not enough if we meet up once a year during our annual conferences. We need to meet often atleast virtually. In every annual conference, I have observed unfulfilled expectations and exhaustiveness where everyone of us want to say something, share something or contribute something – but it is not possible in just these 3 days in a year. So lets open up, meet more often, stay Connected & Learn by Sharing.

I thank you once again for electing me as Secretary. I pledge to bring in the difference, “Challenging the status quo” – inspiration by Apple computers.

I wish you all success and peace. Lets stay united and connected !

Warm regards

**Rajan Sethuratnam**





## CT CME 2013 in Lucknow

The Department of CTVS, King George's Medical University, Lucknow successfully conducted the IACTS TECHNO COLLEGE-2013, LUCKNOW on 'Recent Advances In Cardiac Surgery, on April 5th & 6th, 2013 under the auspices of the Indian Association of Cardiothoracic surgeons. This event witnessed a gathering of approximately more than 200 delegates which included the National Faculty, IACTS President, Secretary and Executive Committee members, local faculty, delegates and PG trainees. The Scientific Programme was prepared very carefully and according to the need of the time. First day morning session was

dedicated for aortic diseases. Post lunch session was dedicated to cardiac failure, ventricular assist devices and transplant. Wet lab was held on two days.

On the first day, Cadaveric cardiac transplant was demonstrated and this was the main attraction amongst the PG trainees and consultants. The day concluded with dinner at the Scientific Convention Center Lawns, KGMU. The next day session consisted of miscellaneous topics & hands on training on mitral valve replacement (Bioprosthetic & Mechanical) were demonstrated.

## FORTHCOMING EVENTS

**IACTS CON 2014,  
Thiruvananthapuram  
(Feb 20th -23rd)**

IACTSCON 2014 - 60th annual meeting of the Indian Association of Cardiovascular and Thoracic Surgeons is to be held from 20th to 23rd February 2014 in Rajiv Gandhi Convention Center at The Leela, Kovalam, Thiruvananthapuram.

Cardiovascular and Thoracic Surgery today is at a decisive cross road. Social and commercial forces beyond our control have beset the specialty. With significant advancements in cutting edge innovative technologies and hybrid strategies aiding cardiovascular surgical care. The theme 'New Challenges, Newer Solutions' embodies the spirit of the meeting and will be an appropriate platform for gathering surgeons from across the globe and to share original work, exchange scientific ideas, acquire new skills and inspire young and upcoming cardiovascular surgeons.

The scientific meet being planned encompasses all aspects of cardiovascular and thoracic surgery both state of the science and emerging frontier technologies, innovations and trends. The CME program will have special post lunch concurrent sessions on adult cardiac, pediatric and thoracic vascular topics by doyens in their respective fields. Award paper sessions are being planned for our young and budding surgeons.

The IACTSCON 2014 is envisioned as totally paperless, reducing carbon footprint and doing our bit for the environment.

National geographic traveller has rated Kovalam, the fantastic beachside destination, as one of the 50 must see places in the world.



## IACTSCON 2014

Organizing Secretary :

Dr.K. Jayakumar,

Senior Professor and Head Department of Cardiovascular and Thoracic Surgery.

Sree Chitra Tirunal Institute for Medical Sciences and Technology (SCTIMST).

Medical College PO, Thiruvananthapuram, Kerala - 695 011.

Email: iactscon2014@gmail.com

Website: iactscon2014.com

Facebook: iactscon2014@groups.facebook.com

located very much in the center of the city and has a reputation of organizing event with impeccable quality. So, I personally request all students to make use of this lifetime opportunity.

Contact:

K. Sujatha

Executive Secretary

The Madras Medical Mission

#4A, J.J. Nagar, Mogappair, Chennai - 600 037.

Email: ctcme2013@yahoo.com

## Symposia

### Cardiac Symposia

"Management of Valvular Heart Disease"

Surgery

Vs.

Percutaneous treatment

### Thoracic Symposia

"Operative Surgery - Techniques of lung resection."

Coordinated by Dr. Bhabatosh Biswas

### Note:

Abstracts are invited for the forthcoming IACTSCON 2014. We are having an award paper session, for which we request you to send your presentation with full manuscript which will be published in our Indian Journal of Thoracic and Cardiovascular Surgery (IJTCVS), if accepted.

## CTCME 2013 August 23<sup>rd</sup> & 24<sup>th</sup>

In continuation to our commitment to update ourselves consistently, yet another CME program has been organized in August at The Madras Medical Mission. Very eminent speakers from across the country have consented to share their valuable knowledge / expertise with the upcoming Post Graduate Thoracic Surgeons.

This medical education program is aimed at empowering our students community. The hard learned experience need to be percolated into the next generation surgeons for the best patient care / treatment.

We welcome all PG students to participate in this rare opportunity of learning.

The meet will also concentrate on training post graduates from an exam point of view with clinical examination sessions encompassing discussion with seasoned eminent examiners.

The Madras Medical Mission is an organization committed to compassionate care has kindly consented to organize the event. The hospital is

## Fellowship Programs

We proudly announce the most prestigious Fellowship programs. As usual, it comes along with – a strict guidelines, highly restricted enrolment of candidates, rules and regulations and other norms to follow. All interested candidates are requested to submit their application forms to the Secretary as soon as possible to enable completion by December '13 failing which it would be forwarded to the next year.

We encourage all members / non-members to enroll fellowship program which will take you up to the next level of career accomplishment.

The conditions governing the Fellowship are:

### G. S. Sharma Fellowship

- The fellowship will be awarded to a post M.Ch. young surgeon.
- The upper age limit is 40 years.
- The fellow will visit the centre of his choice, which should be a busy vascular and thoracic unit in India.



The application should be called for from the eligible candidates along with the curriculum vitae.

- There will be a three member committee to scrutinize the applications and select one suitable candidate per year.
  - o Dr. K. S. Yadav
  - o Dr. C.P. Srivatsava
  - o A nominee from the association to be appointed by the president.
- If no application received for this fellowship in the year, the fellowship will be forwarded to the next year.

Last date : 31st December

### Reeve H. Betts Fellowship (Cardiac Surgery)

- Maximum 2 candidates.
- Must be a Member / Life Member / Fellow of association.
- Age Limit > 30 yrs.
- Atleast 2 years work experience in Cardio Thoracic / Vascular surgery after being a life member / Member.
- Purpose for applying.
- Forwarded by HOD / he himself a HOD.
- Given undertaking after completing shall return to his job in the institute or centre.
- Duration up to 6 weeks, but not less than 4 weeks.
- Within the country.
- Selection by general body, submit to the secretary with a detailed program along with copies of letters and he indicating that he would be accepted as fellow.
- Submit detailed report to secretary within 2 months of completion.
- In a given year, either not awarded / availed by the selected candidate – shall be carried over to the next year and awarded to an additional candidate.

Last date : 31<sup>st</sup> December

### GPS Anand Fellowship (Thoracic & Cardiac Surgery)

- Maximum 2 candidates.
- Must be a Member / Life Member / Fellow of association.
- Age Limit > 30 yrs.
- Atleast 2 years work experience in Cardio Thoracic / Vascular surgery after being a life member / Member.

- Purpose for applying.
- Forwarded by HOD / he himself a HOD.
- Given undertaking after completing shall return to his job in the institute or centre.
- Duration up to 6 weeks, but not less than 4 weeks.
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Last date : 31<sup>st</sup> December

## Proposed Amendments: (General Body 2014)

### PROPOSED AMENDMENTS IN THE BYE-LAWS OF IACTS RULES AND REGULATIONS

#### Article No.2 – Membership

**Proposed:** Decision of the Executive Board shall be final. Membership shall comprise of Six Categories namely:

- Fellows
- Life Member
- Honorary Fellows
- Overseas Life Members
- Associate Member (Cardiac)
- Associate Member (Non Cardiac)

Members and Overseas members are removed.

Presently all ordinary members are elected as Life Members.

A Life Member or Overseas Life Member of Association who has completed Five years is eligible for fellowship.

Proposed change for fellowship: 8 years

#### Article No. 3 – Privileges of Membership

- Sub headings to be inserted
- Withdrawal of privileges
- Membership funds

#### Article No. 5 – Executive Committee

- Diplomas - Deleted

## Article No. 6 – Election

- Secretary shall call for nominations in October.
- Last date and time for filling a nomination paper shall be 31<sup>st</sup> December.
- Withdrawal of nomination can be made by 1<sup>st</sup> February.

## Article No. 9 -Meetings

- Scientific committee meeting protocol for the IACTS Annual Conference.
- It shall be called as IACTSCON year, Place - (Eg. IACTSCON 2013, Mumbai).
- Notifications for abstracts, articles, and papers for the conferences by 1<sup>st</sup> June.
- Visit and confirmation of venue by 31<sup>st</sup> June.

## First Announcement

First announcement in February during the annual conference and release of 1<sup>st</sup> brochure and forthcoming conference website to be activated.

## Final Announcement

Last date for receiving of articles, abstracts and registration - 31<sup>st</sup> October  
Late Bird registration - 31<sup>st</sup> December  
Spot registration - From 1<sup>st</sup> February

Confirmation of articles and various scientific programme by Sr. Vice President - 31<sup>st</sup> November

Confirmation of the Scientific programme by the President, Office bearers, Executive members - 31<sup>st</sup> December

## Dates for different CME's

IACTS CTCME	1 <sup>st</sup> week of August – Midterm General Body Meeting
IACTS Great Debates	1 <sup>st</sup> week of October
Thoracic CME	1 <sup>st</sup> week of December
IACTS CON	26 <sup>th</sup> February – 28 <sup>th</sup> February
Recent advances	1 <sup>st</sup> week of May

## Proposed recommendations for Physician Assistants working with Cardiac Surgical Teams

- An affiliate status.
- Regular sessions or meetings in the IACTS meetings (in the beginning).
- Conduct an IACTS certified PA training course (much like what Dr. Tendulkar is doing for the Perfusionists).

This will enable to train PAs in CT surgery and ensure that they have the skills and certification needed, so that units appointing them would have a yardstick to bank on. This would immensely help all CT units, particularly in the current era of paucity of trained hands and also ensure the PAs get a fair deal & standing after having spent few years in doing a course. We welcome more thoughts in this.

## Orations for 2014:

- Dr. C. S. Sadashivam Oration was awarded for Dr. Lokeshwar Rao Sajja.
- Dr. Godrej S. Karai was awarded for Dr. S. Bhatte for their topics.
- Dr. Solomon Victor Oration by Dr. C. S. Vijayashankar in 2013, CTCME at Madras Medical Mission.

We congratulate them.

## Lifetime Achievement Award 2013

We congratulate the following doctors

- Dr. Karan Singh Yadav
- Dr. Sudhanshu Bhattacharya
- Dr. Saibal Gupta

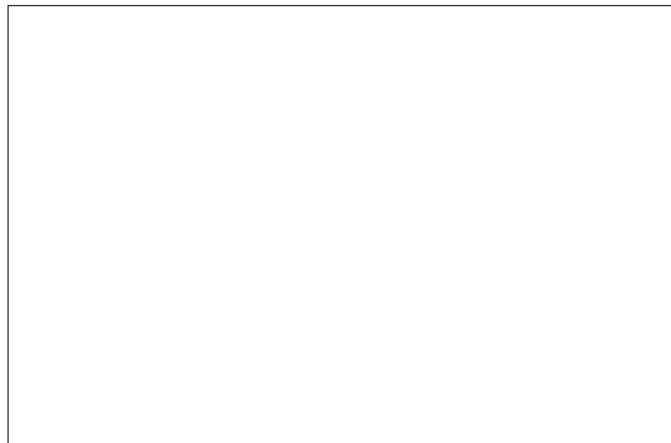
## Honorary Overseas Fellowship 2013

We congratulate the following people on attaining this fellowship

- Dr. Valluvan Jeevanandham
- Prof. V Subramaniam
- Dr. V. Mohan Reddy

Our Next  
Newsletter  
will be an  
e-letter

## Book-Post



**Dr. Rajan Sethuratnam**

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