

# INDIAN ASSOCIATION OF CARDIOVASCULAR-THORACIC SURGEONS (IACTS)

## NEWSLETTER

Volume 58 • November 2017

#### **EXECUTIVE COMMITTEE**

Dr. Anand Sancheti

President

Dr. Yugal Kishore Mishra Senior Vice President

> Dr. Zainulabedin Hamdulay Joint Secretary & Treasurer

> > Dr. O.P. Yadava *Editor*

Dr. Rajan Sethuratnam Secretary

Dr. Shiv Kumar Nair Junior Vice President

Dr. Jayakumar Karunakaran
Junior Past President

Dr. Suresh G Rao Senior Past President

#### **EXECUTIVE MEMBERS**

Dr. Dhaval Naik
Dr. Gauranga Majumdar
Dr. P. Chandrasekar

Dr. Shailesh Jain Dr. C.S. Hiremath Dr. Manoj Durairaj





FROM THE SECRETARY'S DESK

Dear Friends,
Greetings from IACTS!

We are in the last quarter of the year 2017. Looking back it gives immense satisfaction to see the IACTS surging ahead. I would like to extend my sincere thanks to all members who made it a great year for the IACTS we are all set to greet another challenging new year with all your support.

The 64<sup>th</sup> Annual conference IACTSCON 2018 is being organised at Visakhapatnam from the 1-4 February 2018. Extensive arrangements are being made for the conference by the organizing team. We have a number of international faculty and national faculty who are going to share their expertise on various subjects in CTVS. I hope all the interested members have send their manuscripts for the abstract submission.

The nominations for elections 2018 are welcome. Members aspiring to contest may please look up the website for more information.

I request all the HODs and the professors to enocurage the Post Graduates and the Residents to kindly register themselves and become members of the IACTS.

We are happy to announce the launch of database app during the IACTSCON 2018. We hope that we can together achieve many more greater heights.

5

"But there's a big difference between "impossible" and "hard to imagine." The first is about it;

the second is about you!"

Marvin Minsky

Rajan Sethuratnam Secretary-IACTS





The First National Cardiac CME of 2017 was held at Mumbai at the Nitu Mandke Convention Centre at Kokilaben Dhirubhai Ambani Hospital, Mumbai on Saturday, May 20<sup>th</sup> and Sunday May 21<sup>st</sup>, 2017. The theme of this CME was on "Heart Valves Basics and Beyond".

The CME commenced on the afternoon of Friday, May 19<sup>th</sup>, with a wet lab and workshop held at the J&J Centre, where Ross and Bentall Operative Techniques were demonstrated to the Post Graduates & Surgeons registered for this workshop, by Proctors, Dr. S.R. Mohanty, Dr. J. Dhareshwar, Dr. Vidyadhar Lad and Dr. Suresh Rao. The registrants then performed the operations on bovine hearts that were provided to each team, under the supervision of the Proctors.

The formal CME program commenced on the morning of Saturday May 20<sup>th</sup> with an invocation by the Nurses of Children Heart Centre & Welcome Address delivered by Dr. Suresh Rao, Organizing Chairperson of the CTCME.



There were 77 students registered for the CME of which 50 attended over the two days. There was an invited Faculty of 45 Surgeons, of which 30 were invited speakers who delivered the lectures. The total audience was around 100 the first day, dropping to 50 on the 2nd day.

The inauguration of the CME on May 20<sup>th</sup> evening was performed by IACTS President Dr. Anand Sancheti with felicitations being offered by IACTS Sr. Vice President, Dr. Yugal Mishra and IACTS Jr. Vice President, Dr. Shiv.K. Nair. The gathering was welcomed by Dr. Nandkishore

Kapadia, CTCME Organizing Co- Chair. An inspiring keynote address at the conclusion of the inauguration on "The future of Heart Valve Surgery – In pursuit of a Perfect Valve" was delivered by Senior Cardiac Surgeon and Former IACTS President – Dr. Devendra Saksena.

An Executive Committee meeting of the IACTS Excecutive was held on the evening of Saturday May 20<sup>th</sup> at KDAH. A few members visited the IACTS office at Tardeo, South Mumbai on the morning of Sunday, May 21<sup>st</sup>.

A lively smartphone app operated Quiz was conducted by Dr. C.S. Hiremath on the morning of Day 2 of CME, where all surgeons and students participated. Dr. Harsh Seth from Sion Hospital Mumbai topped the quiz among the students, while Dr. Yogesh Jawale from Meenakshi Mission Hospital, Madurai was the runner up.

The CTCME concluded on the afternoon of Sunday, May 21<sup>st</sup>, 2017 at lunch, by a validectory address delivered by Dr. Suresh Rao.

The arrangements, venue, hospitality, conduct and the content of the CME were widely appreciated by the Faculty, Speakers, Students and the IACTS office bearers. It was unanimously felt that the number & attendance of Students left much to be desired & needed to be improved upon.

#### **IACTS CARDIAC CME, & MID TERM GB AUG 2017**

August 12 & 13, 2017 | Pune



The IACTS MID TERM CT CME was held in Pune on the 12th and 13th of August 2017. The theme of the CME was "Pune Summit – Merging Tradition and Technology". The purpose of the CME was to concentrate on the basic and advanced nuances in cardiac surgery. The focus was more on demonstration of operative techniques by master surgeons and hands on work shops for students and practicing surgeons. The CME was attended by 186 delegates which included students, faculty and consultant surgeons.

There were 2 WORKSHOPS on BOVINE HEARTS for the students. The first workshop was conducted on 12th August and consisted of 10 operative tables with demonstration of small vessel anastomoses by Dr. A Tendolkar. The finer aspect of anatomy and operative skills needed to conduct a perfect anastomosis was imparted to the students. The second workshop was on Valve Replacement techniques demonstrated on bovine hearts on 13th August. This was again for the student delegates and was conducted by Dr Manoj Pradhan. There were 2-3 students per table so that each could get adequate hands on practice.

Master class surgeons demonstrated their operative techniques via LIVE IN BOX sessions. There were 5 sessions for operative videos:

1.CONGENITAL (VSD, TAPVC, Palliative, Fontan, ASO)



- 2. ADULT (MVR, AVR, DVR, CABG).
- 3.MICS (MVR, AVR, SUTURELESS VALVE, ROBOTIC CABG).
- 4.AORTIC (BENTALL, ARCH).
- **5.HEART AND LUNG TRANSPLANTATION**

Another Highlight of the CME was a Simulation Centre, which featured TAVR Simulator, ECMO live station and VAD live station. These were available on both the days for the delegates to try their hands on skills and derive knowledge from the experts manning the stations.







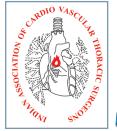
Endoscopic Radial artery and Vein Harvest workshops were also conducted on both days of the CME. The dinner symposium on 12<sup>th</sup> August revolved around the current status of TAVR in India and culminated in a DEBATE on the Pros and Cons of TAVR. The main speakers for this session were Dr. Vivek Jawali, Dr. O P Yadava and Dr. Kunal Sarkar.

A special Felicitation ceremony was conducted for the senior most Luminaries in the fields of Cardiology and Cardiac Surgery practicing in Pune. Who have contributed immensely to their respective fields at the national and international level and achieving academic and clinical excellence. The stalwarts who were felicitated were

Professor M Durairaj (Cardiology) and Professor S G Bhate (Cardiac Surgery). The felicitation was done at the hands of the President Dr Anand Sancheti and Office bearers of the IACTS.

The CME culminated with presentation of original Research Papers by the Post Graduate students and a Quiz based on the CME. The judges for the Research paper sessions were Dr. O P Yadava, Dr. K N Bhosale, Dr. J Khandekar and Dr. K N Nagre. The quiz was conducted by Dr. C Hiremath. The winner of the quiz was Dr. Menander M from KEM hospital, Mumbai and the winner of the best research paper was Dr. Siddharth Amboli from Sathya Sai Institute of Higher Medical Sciences, Bangalore.

#### **Upcoming Events**



#### IACTSCON 2018, 1 - 4 February 2018, Vishakapatnam





The City of destiny often called the Jewel of East coast is getting prepared in a full swing to receive you all with its natural beauty and modern infrastructure. Do not forget to have a look of city from the flight which will be a memorable event. The success of conference depends on good scientific content and free interaction between faculty and delegates. Please send sufficient papers and get ready with surgical videos to share your experience. There will be a full one day one hall for video presentation. We will be providing airport pick up for all the delegates who will send us their flight details in advance. First day will be the CME in association with EACTS. Other highlights of conference are symposium on database, echocardiography, basic science, work life balance in cardiac surgery, learning from mistakes, nightmares in cardiac surgery, meet the expert etc. Any query please feel free to contact us through mail or on website.

#### **CONFERENCE SECRETARIAT**

Dr. Karunakara Padhy (M.S.,M.Ch.,DNB,MBA,Ph.D.,FIACS)
Organizing Secretary - IACTSCON 2018
HOD Cardiothoracic and Vascular Surgery.
Care Hospitals, as Raja Complex, Waltair Main Road
Ramanagar, Visakhapatnam 530 003
Andhra Pradesh, INDIA







#### **IACTS Mid-term Thoracic CME 2017**

Date: November 4 & 5, 2017

Venue: Seminar Hall Auditorium (Near MMC Pillar) - Madras Medical College & Rajiv Gandhi Government General Hospital, Chennai – 3 Theme: Emerging technology – Dream, Dare and Discover



This year IACTS Mid-term Thoracic CME is organized by the Department of Cardiothoracic Surgery, Madras Medical College and Rajiv Gandhi Government General Hospital, Chennai. Our department was one of the earliest CTS departments formed in the country. It was started in the year 1957 by eminent cardiothoracic surgeon, Padmasri Prof. Dr. C. S. Sadasivan. This CME adds more flavour in the sense we are celebrating our diamond jubilee (60th year) department day also. We have 6 units with 6 professors, 12 assistant professors and 14 M.Ch. (CVTS) postgraduate students per year recognized by MCI. We have 10 B.Sc. Perfusion technology students per year.

Eminent persons in the field of thoracic surgery are invited for video lectures, thoracoscopy workshop with hands on training in simulators, clinical case presentation

presentation sessions with quiz slides for postgraduates and award for quiz winners form the highlights of the thoracic CME. We focused more on the emerging technology in bronchoscopy, Mediastinoscopy and VATS. Credit points from The Tamil Nadu medical council and the TN Dr. MGR medical university expected. Many tourist spots are there for sightseeing lovers in Chennai. Delicious south Indian meals and banquet dinner awaiting for you all.

Please follow the IACTS website for brochure, scientific programme schedule and registration details. Welcome all to Chennai.



#### **ORGANIZING SECRETARY:**

Prof. Dr. A. Sivaraman M.S., M.Ch. (CVTS), FIACS

Department of Cardiothoracic Surgery

Madras Medical College and Rajiv Gandhi Government General

Hospital, Chennai – 600 003.

Mobile no: +91 9442681480 | +91 8838098586

Email: drasr@ymail.com | drasrmch@gmail.com





#### **ELECTION 2018**

Nominations are invited for the following posts:

For qualifications and eligibility, please visit: www.iacts.org

Junior Vice President - 1 Post

Joint Secretary & Treasurer – 1 Post

**Executive Committee Member- 2 Posts** 

Applications are invited for the Venue of the IACTSCON 2021

Last date for submission of nominations – December 31st, 2017

Last date for withdrawal of nominations – January 31st, 2018

Applications are available in online or fill the form in manual and send the same to us. Applications should be in the prescribed form. A brief write-up of the candidate should be sent along with the nomination form that can be downloaded from our website: www.iacts.org

#### Symposia for forthcoming IACTSCON 2018 & 2019

Nominations for topics are invited for Cardiac and Thoracic symposia.



#### Fellowships & Orations



Nominations and applications are invited for Fellowships and Orations for the year 2018 and 2019

#### Abstracts IACTSCON 2018



All the members are requested to send their abstracts for IACTSCON2018. For further details please visit www.iactscon2018.com

Last date for submission of Abstracts is 15<sup>th</sup> November 2017.

All abstracts must be submitted via the conference website ONLY

#### Award Paper Session - IACTSCON 2018



The winner of the award paper session will be sponsored by IACTS to participate in an overseas conference. The second and third runners up will be sponsored to participate in the next annual conference of IACTS.

#### IACTS MEMBERS approved during Mid-Term General Body Meeting on August 2017 at Pune

No.	Title	Name	Membership Category	Membership No.	Place
1	Dr.	Amit Singh	Life Member	L 20172083	Uttar Pradesh
2	Dr.	Ansul Kumar	Life Member	L 20172084	New Delhi
3	Dr.	Vikas Saroha	Life Member	L 20172085	Uttar Pradesh
4	Dr.	Biswajeet Mohapatra	Life Member	L 20172086	Telangana
5	Dr.	Mohit Sharma	Life Member	L 20172087	Rajasthan
6	Dr.	Swapnadeep	Life Member	L 20172088	Uttar Pradesh
7	Dr.	Ajay Kumar Verma	Life Member	L 20172089	Punjab
8	Dr.	Aayush Goyal	Life Member	L 20172090	Maharastra
9	Dr.	Raju Vyas	Life Member	L 20172091	New Delhi
10	Dr.	Mayank Jodan	Life Member	L 20172092	Uttar Pradesh
11	Dr.	Aryakamal Das	Associate Member	A 20175093	West Bengal
12	Dr.	Ranjeetha Shenoy	Associate Member (Non-Cardiac)	A 20176094	New Delhi
13	Dr.	Naresh Kumar K L	Life Member	L 20172095	Telangana
14	Dr.	John Mathew K	Associate Member	A 20175096	New Delhi
15	Dr.	Karthikeyan B	Associate Member	A 20175097	Tamil Nadu
16	Dr.	Ananthanarayanan Chanasekaran	Life Member	L 20172098	Gujarat
17	Dr.	Deepak Maharana	Life Member	L 20172099	Telangana
18	Dr.	Anupam Das	Life Member	L 20172100	New Delhi
19	Dr.	Mugundhan Thamizhselvan	Associate Member	A 20175101	Tamil Nadu
20	Dr.	Jeswin Moses S	Associate Member	A 20175102	Tamil Nadu
21	Dr.	Bishal Gautam	Associate Member	A 20175103	Rajasthan

#### **OBITUARY**



Prof.V.R.Rajasekharan, Head of the Department of Cardiothoracic Surgery, Government Medical College, Alappuzha passed away on 12th October, 2017 at the age of 53 Years.

Rajasekharan did his undergraduate and post graduate studies followed by Specialty training from Government

Medical College, Thiruvananthapuram. Cardiothoracic Surgery was his Life's Passion.

During his career of more than two decades as Cardiothoracic Surgeon, he had worked in Government Medical College, Kozhikode and Medical College, Thiruvananthapuram. He also extended his services as Consultant Cardiothoracic Surgeon to Sahakarana Hrudayalaya, Pariyaram Medical College when the Department was in need of support.

What was most laudable in Dr.Rajasekharan was his attitude towards the inadequacies and vast gap between supply and need in the Institutions where he practised.

Instead of complaining about them, he took them as Challenges and worked his way out in his own way, always giving his best to his patients who always put the trust in him.He is survived by his wife Dr.Nimmi, Professor of Gynaecology at Sree Gokulam Medical College, Thiruvananthapuram and his daughter. May God Almighty give them the strength to continue their life in this World, in the Sweet Memories of the departed one.

Dr. Kananjar Raghurama Shetty, a renowned cardiovascular surgeon of India, passed away on September 27, 2017 at his residence in Mumbai. Dr. K. R. Shetty was founder owner of Cumbala Hill Hospital and Heart Institute, Mumbai which is a first dedicated heart centre in Mumbai's private sector since 1970.



Dr. K. R. Shetty was born on 11<sup>th</sup> March 1931. He had his primary education at Nandlike, near Udupi in Karnataka followed by Higher School education at Karkala Board High School till matriculation in 1948.

Dr. Shetty with his Tulunadu rural background, moved to Mumbai for his higher education in medical field. But due to domicile restriction, he could not join medical course and then preferred to do B. Pharm at Birla Institute, Pilani with first class and gold medal. He went to USA in 1955 to do PhD in pharmacy, with his amibition and destiny to become doctor, he qualified for medical admission, through a competitive examination by American College of Medicine. He joined medical course at Temple University, Philadelphia and graduated with MD degree in 1962.

After his basic MD degree, he worked hard for add-on degrees and specialisations, which included Diplomate American Board of General Surgery, Diplomate American Board of Cardiovascular Surgery. He was Fellow of International Cardiovascular Society, Association of Surgeons of India, Indian Association of Cardiovascular and Thoracic surgeons, American College of Chest Physicians.

On his return to India in 1968, he joined leading medical institutions in Mumbai and held many prestigeous positions. He was honorary professor and Head of Cardiovascular and Thoracic Surgery department at Grant Meical College and Sir J. J. hospital Mumbai. As honourary Cardiothoracic Surgeon at Jaslok Hospital and honorary Cardiovascular Surgeon at P. D. Hinduja Hospital, he established CVTS departments in private sector. Dr. K. R. Shetty held the honour of doing first triple vessel CABG (1977) and cardiomyoplasty operation 1991) in India.

Dr. Shetty held many eminent posts in Cardiovascular Surgery, which included General Secretary World Conference of Heart Surgery Mumbai(1985), Secretary Indian Association of Cardiovascular and Thoracic Surgeons(1985 - 1987), President Indian Association of Cardiovascular and Thoracic Surgeons (1990), President Indian Association of Cardiovascular and Thoracic Surgeons of Asia(1992). He was honoured as visiting Professor of CVTS at Bakulev Institute, Moscow and University of Pennysilvania USA. Besides being a renowned medical professional he gets credit for bringing up medical institutes with his vision and perseverance.

IACTS proudly remember Dr K R Shetty and his Associates for providing us with our own beautiful office space in Mumbai from the surplus fund of Mumbai Conference in 1992.

We pay homage to Dr. Kananjar Raghurama Shetty, an eminent cardiovascular Surgeon, and individual Par Excellence and an extraordinary visionary who contributed immensely for the establishment of our association IACTS.

#### Information to Members



All Members are requested to register as an Online Member in our IACTS website to avail all our updates.

Please follow the links as mentioned below:

For new member - http://iacts.org/new-member-instruction/

For Existing Members - http://iacts.org/signup/

For Membership ID Request - http://iacts.org/iacts-membership-id-card-form/

For Doctor's information Sheet - http://iacts.org/doctors-information-sheet/

To know more details, please visit: www.iacts.org

### **64**<sup>th</sup> **ANNUAL CONFERENCE IACTSCON 2018**, 1 – 4 **February 2018** Vishakapatnam









May your days be as glittery as diamond, May your friends be as good as gold, May your heart stay as green as emerald and May your soul remain as pure as pearl.

#### IACTS SECRETARIAT

Dr. Rajan Sethuratnam

Secretary, IACTS

**The Madras Medical Mission** 

4 - A, Dr. J. Jayalalithaa Nagar, Mogappair, Chennai - 600 037, Tamil Nadu, INDIA Ph: +91 44 2656 5961, 2656 5801, 2656 5991, 2656 5591, 2656 5968 (extn. 2156)

Fax: +91 2656 5900 | Mobile: +91 98412 71353

Email: drrajan1957@gmail.com, secretary@iacts.org

www.iacts.org