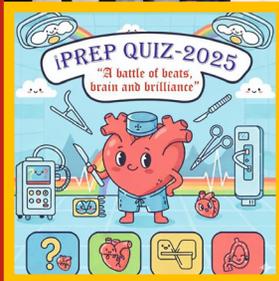


# IACTS

Newsletter



INDIAN ASSOCIATION OF CARDIOVASCULAR AND THORACIC SURGEONS

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**Dr. Debasis Das**



**Dr. Siva Muthukumar**



**Dr. Gunturu Varun**



**Dr. Ramprassath**



**Dr. Mohammed Idhrees**

## FROM THE DESK OF YOUR SECRETARY

Dear Members

The calendar year is coming to a close! The days are short and nights cold and long! The post graduate exam preparation program iPREP (IACTS Postgraduate Rendezvous for Exam Preparation) has been as popular as ever. The inaugural onsite program was conducted at the U N Mehta institute at Ahmedabad by Dr Chirag Doshi and team. Over 200 postgrads attended and it featured a quiz as a grand finale.

Members have been busy applying for orations, awards and elections and we are overwhelmed by the response! I shall get back to you in January 2026 with details on elections and the participants.

The preparations for the IACTSCON 2026 have found shape. We have had over 400 abstract submissions which is extremely satisfying and encouraging! More than a hundred home faculty and fifty international faculty have been featured. Those with similar challenges as ours have been favoured to keep the conference discussions as meaningful and appropriate as possible. The oncoming General Body meeting is so planned that everyone will have a chance to speak and be heard by all. Please write to me at [secretary@iacts.org](mailto:secretary@iacts.org) about topics for discussion to



be included. We would definitely talk about the electronic voting and increasing the participation in the executive committee. So, let us have a great GB and we look forward to it!

Please talk and keep talking to us!

Warmly yours,  
**Dr Jacob Jamesraj**

Secretary, Indian Association of Cardiovascular-Thoracic Surgeons

## IACTSCON 2026 Mumbai

72<sup>nd</sup> Annual Conference of the  
Indian Association of Cardiovascular-Thoracic Surgeons



# IACTSCON



## 2026 Mumbai

FEBRUARY 26 - MARCH 1, 2026

JIO CONVENTION CENTER, MUMBAI



### Message From Organising Chairman

Dear Esteemed Colleagues, It is with immense pride and enthusiasm that I extend a warm welcome to you all for the IACTS 2026 Conference, set to take place at the iconic Jio World Convention Centre, Mumbai. This state-of-the-art venue will provide the perfect backdrop for a grand convergence of the global cardiothoracic surgical community, bringing together leading minds, pioneers, and innovators from across the world. This year, we aim to curate a feast of scientific sessions that will encompass all sub-specialties of cardiac surgery, ensuring a rich exchange of knowledge, latest advancements, and cutting-edge surgical techniques. Our vision is to create a truly global platform where stalwarts in cardiac surgery, along with emerging thought leaders, unite to shape the future of our field.



**Dr Anvay Mulay**  
Organising Chairman,  
IACTSCON 2026

# 27th Annual Scientific Meeting 2025 of Association of Cardiothoracic Vascular Surgeons of West Bengal



A flurry of activities took place in the weekend of 6th—7th September, 2025 at Raj Kutir, Kolkata during the Annual Scientific Meet 2025 of the Association of Thoracic & Cardiovascular Surgeons of West Bengal. The pre-conference workshop included a tetralogy repair workshop and a MICS workshop on porcine model which was immensely popular.

The meeting was attended by more than 250 delegates and faculty from throughout India. The IACTS leadership who graced the occasion included Dr Devagouru, Dr Jacob Jamesraj, Dr Bijoy Kutty, Dr Satyajit Bose and Dr Hiremath. It was a great meeting filled with fantastic academic content and camaraderie. The ward session for scientific papers had some really quality research work presented from Eastern India. Dr Tanulina Sarkar and Dr Apu Saha won the first three prizes in the oral scientific papers. Over all a memorable event organised by Dr Subhendu Mahapatra & team.



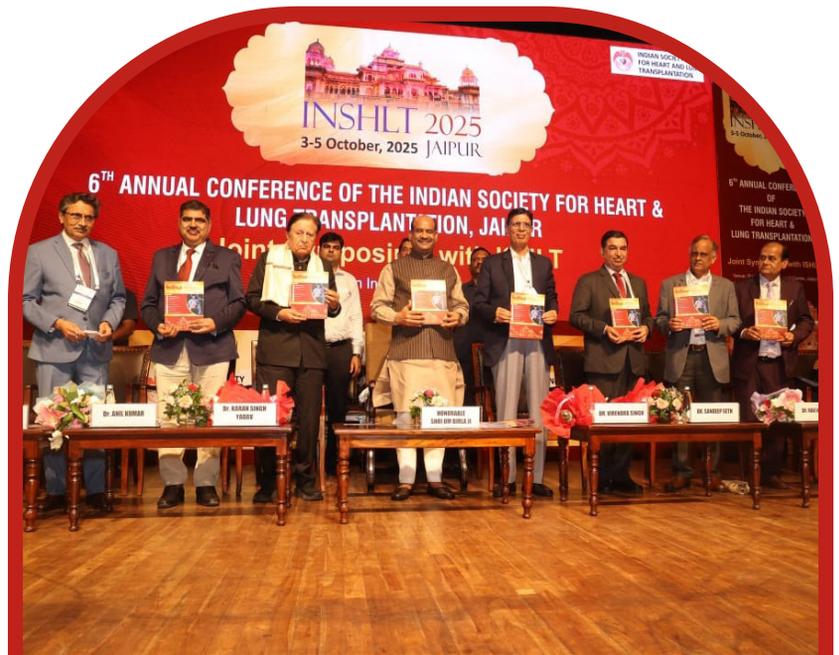
# INSHLT 2025, Jaipur

The Annual Conference of the Indian Society for Heart & Lung Transplantation (INSHLT) was held from the 3rd to the 5th of October 2025 at Jaipur, India. Eminent faculty members delivered insightful talks which greatly enriched the scientific sessions and played a vital role in the overall success of the conference. The Secretary, IACTS Dr. Jacob Jamesraj, took part in the conference and delivered an outstanding scientific talk on mechanisms of ventricular differences in heart failure and implications in management that drew keen interest from participants, especially from the cardiology fraternity.

## Conference Highlights

- The conference was inaugurated by the Hon'ble Speaker of the Indian Parliament, Shri Om Birla Ji.
- The joint ISHLT–INSHLT symposium was a major highlight, receiving overwhelming appreciation from delegates.
- Two parallel scientific halls ran throughout the three days - one dedicated to Heart Transplantation and the other to Lung Transplantation.
- A third hall hosted focused sessions on Ventricular Assist Devices (VADs), ECMO, and Transplant Infectious Diseases, along with dedicated discussions on Pulmonary Arterial Hypertension, Transplant Immunology, and a live demonstration of LVAD implantation.
- The event witnessed participation from over 500 delegates representing diverse specialties from India and abroad, both physically and virtually.

Dr. Raj Kumar Yadav, Organising Secretary appreciated the support from IACTS and thanked everyone.



# iPREP ON SITE !

The inaugural iPREP on site was a grand success! The U N Mehta team under the leadership of DR Chirag Doshi were kind enough to conduct a three-day long CME on the 10th, 11th and 12th of October with most of it in PG exam preparation mode that was a huge hit and of immense benefit! Instrument class evoked great interest. The grand highlight was the iPREP Quiz!



Dr Vinayak Shukla answering the avid students!



The Quiz in progress



## iPREP Quiz Winners

Dr. Jnandeeep Sarma, UNMICRC  
Dr. Sravya Sattenapalli, Jayadeva Institute

## 1st runners up

Dr. Sahil Gambhir, UNMICRC  
Dr. Anand Ratra, UNMICRC

# MATCVS Kuala Lumpur



”

The Malaysian Association of Thoracic and Cardiovascular Surgeons MATCVS conducted their annual conference on the 18th and 19th September 2025. Dr Jacob Jamesraj conducted a coronary anastomosis workshop and also judged the anastomosis competition on the Oroyo kit. Dr Balakrishnan and Dr Praveen Varma also were faculty.



# Mitral Repair Workshop, Safdarjung Hospital



The 2nd Mitral repair workshop was conducted by the Safdarjung team under the leadership of Dr Anubhav Gupta on the 7th and 8th of November 2026. Rheumatic valve repairs were discussed in addition to degenerative valve repairs. Leaflet augmentations and peeling were explained. Dr Arkalgudu Sampathkumar also participated in the discussions. Dr Jacob Jamesraj spoke on the future of mitral repair.

## Kindly update your profile on our website!

[www.iacts.org](http://www.iacts.org)

To update profile  
login

Click on the little  
man next to our  
national flag!

September, 2025 - 12:18 Logout







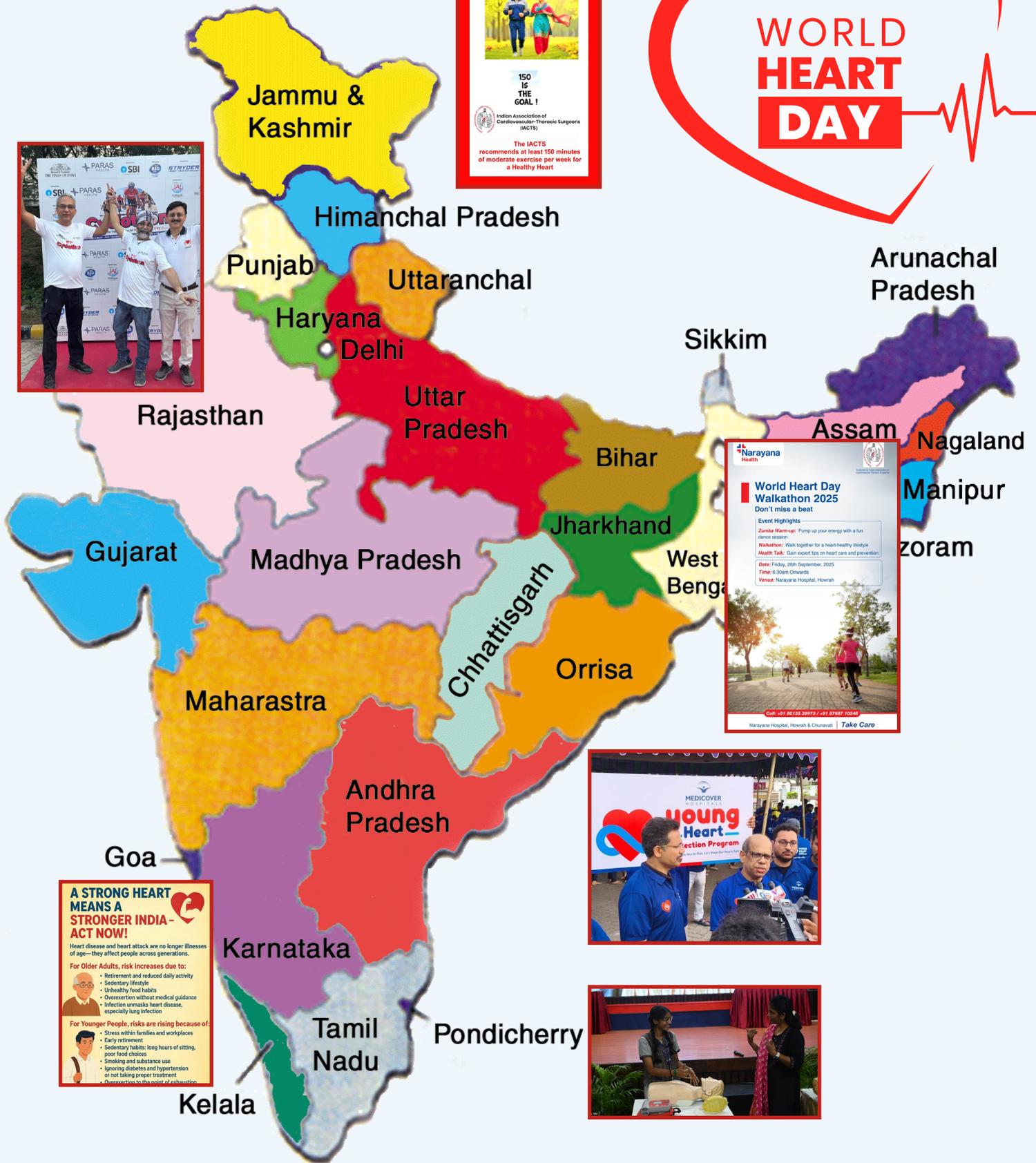
**WORLD HEART DAY Sep 2025**

HOW MUCH EXERCISE?

**150 IS THE GOAL!**

Indian Association of Cardiovascular-Thoracic Surgeons (IACTS)

The IACTS recommends at least 150 minutes of moderate exercise per week for a Healthy Heart



**Narayana Health**

**World Heart Day Walkathon 2025**  
Don't miss a beat

**Event Highlights**

- Zumba Warm-up:** Pump up your energy with a fun dance session
- Walkathon:** Walk together for a heart-healthy lifestyle
- Health Talk:** Gain expert tips on heart care and prevention

**Date:** Friday, 26th September, 2025  
**Time:** 6:30am Onwards  
**Venue:** Narayana Hospital, Howrah

Call: +91 80133 30973 / +91 87687 60246

Narayana Hospital, Howrah & Chunarvi | Take Care

**A STRONG HEART MEANS A STRONGER INDIA - ACT NOW!**

Heart disease and heart attack are no longer illnesses of age—they affect people across generations.

**For Older Adults, risk increases due to:**

- Retirement and reduced daily activity
- Sedentary lifestyle
- Unhealthy food habits
- Overexertion without medical guidance
- Infection unmasks heart disease, especially lung infection

**For Younger People, risks are rising because of:**

- Stress within families and workplaces
- Early retirement
- Sedentary habits: long hours of sitting, poor food choices
- Smoking and substance use
- Ignoring diabetes and hypertension or not taking proper treatment
- Overexertion to the point of exhaustion



## Chandigarh celebrating heart health with Dr Deepak Puri



# HEART MATTERS

**P**edalling for a Healthy Heart

The Times of India, in association with Paras Health, Panchkula, organised a cyclathon on the eve of World Heart Day to raise awareness about cardiovascular diseases and promote heart health.

**Event Highlights:**

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- Health Talk:** Gain expert tips on heart care and prevention.

**Date:** Friday, 26th September, 2025  
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**Call:** +91 80135 39973 / +91 87687 10248

Narayana Hospital, Howrah & Chunavati | **Take Care**

## Jogging for your heart with Dr H S Bedi

## WORLD HEART DAY Sep 2025

### HOW MUCH EXERCISE ?



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Narayana Hospital, Howrah & Chunavati | **Take Care**

**The Kolkata walkathon with Dr Debasis Das**

## Listening to your heart with Dr Karunakar Padhy

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A stronger heart means a stronger nation says Dr Shegu Gilbert



The Madras Medical Mission celebrating World heart Day with a quiz educating school children and Dr Sumitra teaching the children the basics of cardiopulmonary resuscitation.

# Indian Surgeon Represents Nation at International Forum on Endoscopic Cardiac Surgery



Endoscopic cardiac surgery, an emerging frontier in minimally invasive cardiac care, continues to redefine precision, recovery, and outcomes in modern cardiothoracic practice. Among the pioneers advancing this field, Dr. Ramprassath from India has brought significant recognition to the country through his expertise and contributions. He was recently invited for the second consecutive year to represent India at the Annual International Conference on Endoscopic and Minimally Invasive Cardiac Surgery (in association with EACTS), held in Cincinnati, USA, having also represented the country at the ECS Annual Conference in Greece (2024). His continued participation at these prestigious global platforms highlights India's growing presence in advanced cardiac surgical innovation and training. At the conference, Dr. Ramprassath presented his extensive experience with advanced endoscopic techniques that enhance surgical precision while minimizing trauma and reducing hospitalization time for patients. His work most of which is done in the famous city of Madurai in south Tamilnadu reflects the progressive shift toward technology-driven, patient-centered cardiac surgery in India. The Indian Association of Cardiothoracic Surgery (IACTS) congratulates Dr. Ramprassath for his outstanding achievement and for serving as an ambassador of Indian excellence on the global stage, reinforcing India's expanding contribution to cutting-edge cardiac care through innovation, skill, and compassion in surgical practice.



# Honour for our past president Dr K S Iyer!



Our Past President, Dr. Krishna S. Iyer, was awarded the Friendship Medal by the Ambassador of Mongolia Mr Ganbold Dambajav on behalf of H.E. Mr. Khurelsukh Ukhnaa, President of Mongolia on October 17, 2025. The Ambassador had the privilege of meeting Dr. Iyer in March 2022 at his hospital, where they have discussed the treatment of paediatric patients from Mongolia, requiring heart surgery.



# Curio corner

Golden-browed Chlorophonia  
*Chlorophonia calliope*



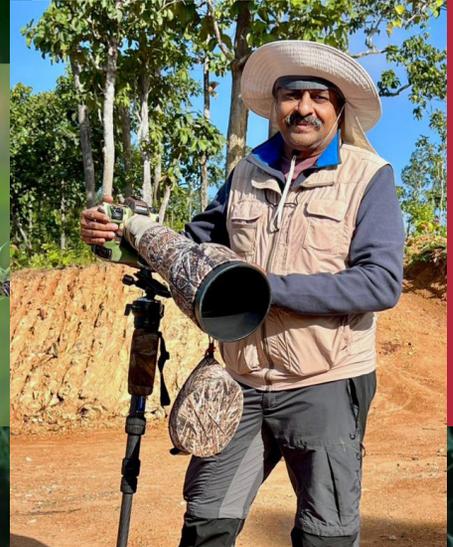
American Pygmy Kingfisher  
*Chloroceryle aenea*



King Vulture  
*Sarcorampagus papa*



Keel-billed Toucan  
*Ramphastos tolo*



The lens can be another of life's many expressways to peace and rejuvenation! Be it a simple set on your mobile phone or a complex set you struggle to carry it always captures nature's beautiful bounty that relaxes the photographer and those with whom the work is shared!

Dr Sanjeeth Peter shooting birds in Costa Rica contrasted with Dr Sukumar Mehta shooting our National bird in his backyard!



## Obituaries

### Dr. Hari Gautam

(1937 – 2025)

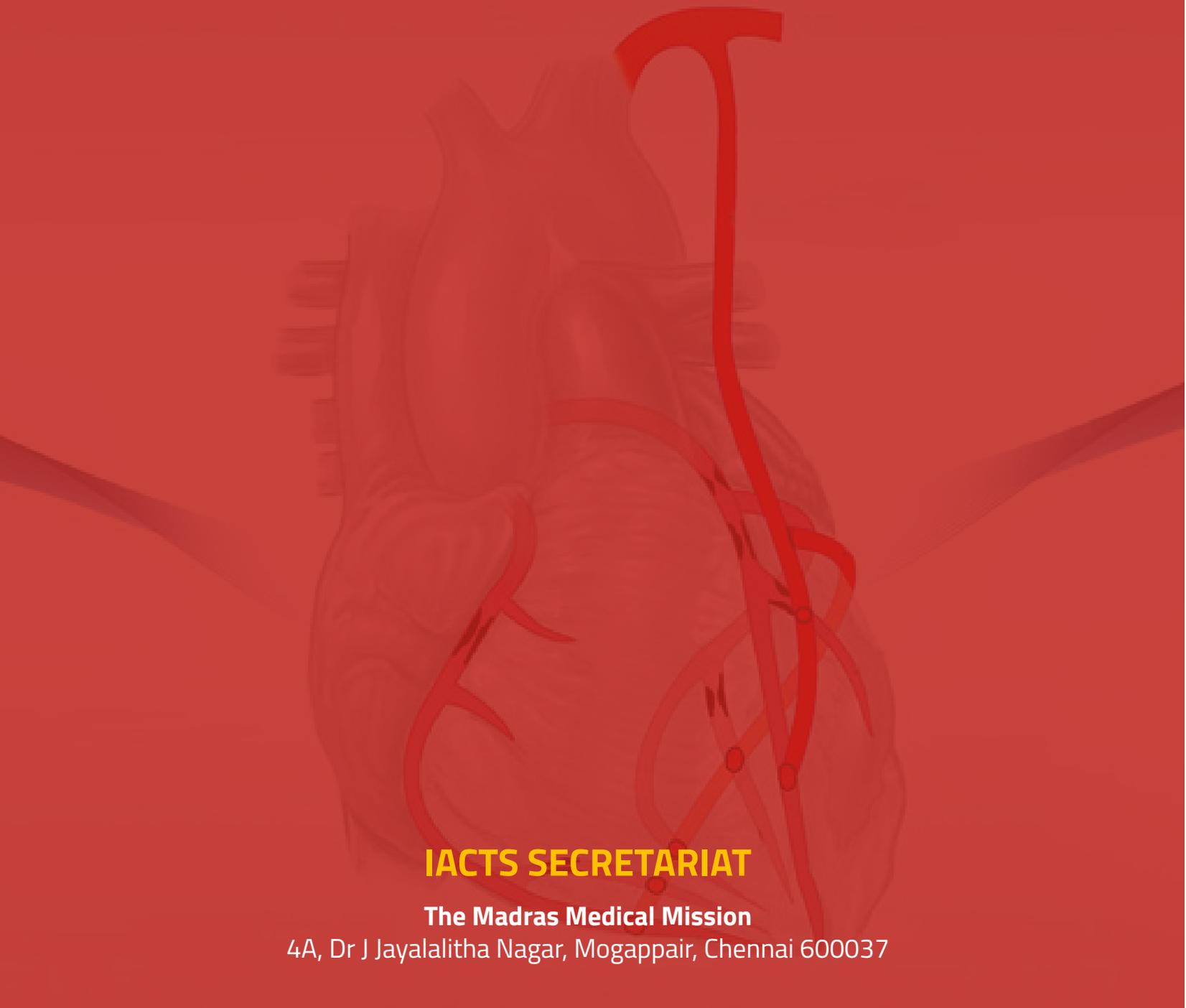


Dr. Hari Pratap Gautam, veteran cardiac surgeon, administrator, and an eminent educationist, passed away on 4th November 2025 at Mahatma Gandhi University Hospital, Jaipur, Rajasthan. Born on 07 April 1937 in a humble family to Late Shri Brahamdutt Prasad and Smt. Devi Gautam in Danpur village, Bulandshahar (U.P.), Dr. Gautam completed his schooling in Kanpur and went on to pursue medical education at Sarojini Naidu Medical College, Agra, earning his MBBS (1959) and MS (1962). He married his lifelong companion, Dr. Shakuntala Gautam. In 1964, he completed his Fellowship in Cardiothoracic Surgery from the Royal College of Surgeons, England and Edinburgh. He returned to India in 1970. He began his professional career at Kanpur Medical College. He later served as Professor & Head, Department of Cardiothoracic Surgery, at medical colleges in Agra, Kanpur, and Jhansi (1974–1995). He was the President, Indian Association of Cardiovascular and Thoracic Surgeons (1993). He organised the National Conference of IACTS (CTCON 1995) at Agra. The IACTS awarded him the Life Time Achievement Award (2011). He also received the B C Roy award

### Dr P Rajagopal



Dr P Rajagopal was a great cardiothoracic surgeon and a fine mentor who helped many a trainee achieve his goals. He was the first head of the department of cardiothoracic surgery at NIMS after it became an Institute and he led the department efficiently. He was former Dean and former Director in charge of NIMS. He passed away peacefully in his sleep. He leaves behind a rich legacy of surgeons and perfusionists and other CBTS professionals. He also held academic and administrative positions in SVIMS and KIMS.



## **IACTS SECRETARIAT**

**The Madras Medical Mission**

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